

PRODUCT INFORMATION



- GMO FREE • NO ARTIFICIAL COLORS
- NO ARTIFICIAL FLAVORS • NO ARTIFICIAL SWEETNERS

NO SOY PROTEIN • NO WHEY PROTEIN

U Mix 2 scoops (41g) with approximately 8 ounces of Cold Water or Milk



Tip – use a simple hand shaker or blender for fast blending.

Nutrition Facts			
Serving Size 2 Scoops (41g)			
Servings Per Container 20			
	1 Serving with Water	1 Serving with 2% Milk	
Amount Per Serving			
Calories	170	305	
Calories from Fat	45	90	
	% DV*	% DV*	
Total Fat	5g	10g	15%
Saturated Fat	0.5g	3g	15%
Trans Fat	0g	0g	
Polyunsaturated Fat	1g	1g	
Monounsaturated Fat	2g	2g	
Cholesterol	0mg	15mg	5%
Potassium	500mg	880mg	25%
Sodium	130mg	235mg	9%
Total Carbohydrate	14g	26g	9%
Dietary Fiber	6g	6g	24%
Sugars	6g	18g	
Protein	17g	25g	50%
Vitamin A	35%	45%	
Vitamin C	35%	35%	
Calcium	25%	55%	
Iron	6%	6%	
Vitamin D	35%	60%	
Vitamin E	35%	35%	
Vitamin K	35%	35%	
Thiamine	35%	35%	
Riboflavin	35%	35%	
Niacin	35%	35%	
Vitamin B6	35%	35%	
Folic Acid	35%	35%	
Vitamin B12	35%	35%	
Biotin	35%	35%	
Pantothenic Acid	35%	35%	
Phosphorous	20%	20%	
Iodine	35%	35%	
Magnesium	35%	40%	
Zinc	35%	35%	
Selenium	35%	35%	
Copper	35%	35%	
Manganese	35%	35%	
Chromium	35%	35%	
Molybdenum	35%	35%	
Chloride	8%	8%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.